


Duality
Healthcare

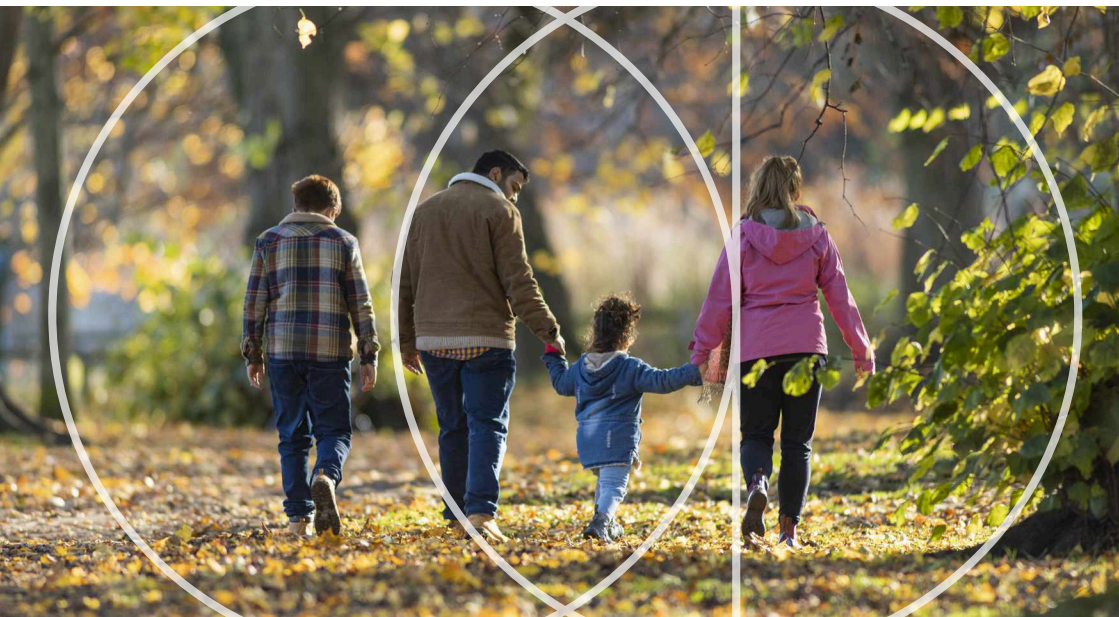
Your path to Premium Health



With you
for the whole
journey.

Services

dualityhealthcare.com



Why Choose Duality Healthcare?

Duality Healthcare is a Private Primary Care service offering professional patient care, treatment & advice to individuals, families & businesses. Our service, whilst similar to the NHS GP has notable differences in terms of our unprecedented level of access, hours of opening and range of services. We believe that our patients' health & wellbeing is paramount.

In treating an illness or condition, time is one of the most important factors. The more time that is wasted before being assessed by a clinician, the longer an illness has the opportunity to develop. For acute illness this means you may take longer to recover & require more time off work or to get back to normal function; for chronic conditions such as hypertension and diabetes this can impact on your longevity & your general health, capability & fitness.

Time is also money. The more time away from your workplace not knowing when you will be spoken to adds a layer of uncertainty you could do without.

At Duality Healthcare we offer appointments at times convenient to you - we are very much a patient-focused organisation. We want to minimise the complexity of booking appointments; have short lead-times to being seen; and aim to minimise time to definitive diagnose, treatment & recovery.

Our priority is you – our patient – and we provide the face-to-face time you need with our clinicians. Seven minutes has traditionally been the average length of an NHS consultation, at Duality Healthcare we make time available, dependent on your needs. We offer GP appointments in a range of 15 minute blocks up to 60 minutes giving you protected time to have your concerns addressed.

We want to see you. Preferably face to face. We do not wish to 'triage' your concerns or make you wait for appointments. Our clinics are based on a model of giving you better access & care than what you have become accustomed to.

Due to our intrinsic knowledge of the interface between the

Private Sector & the NHS, should you need referral or further diagnostic testing not available with Duality Healthcare, we can ensure you are seen quickly and can advise on how to minimise costs.

We provide a relaxed & more comfortable environment, geared towards providing you & your family with a more personal level of service amongst our network.

Although the NHS & Duality Healthcare are separate, we work closely together. By registering with our Service you do not need to end your registration with your NHS GP and we can collaborate with them as much or as little as you may desire.

Although you do not need to be a member to use our services, by subscribing to our membership you are making significant savings on Private Health Services as well as being prioritised in our network of clinics.

Via our memberships, you have: (i) greater flexibility in accessing routine & urgent healthcare; (ii) extended hours of access; (iii) additional services, many of which are usually only available via the hospital; (iv) reduced costs; and (v) regular health checks & screening for the early detection & treatment of illness.

Duality Healthcare membership enables you & your family to get access to the right clinical advice when you need it and with the minimum of delay or stress as a priority patient.

We aim to provide all of this and more to you in an affordable, accessible manner.

We are here to help you with any health concern you may have or direct you to the most appropriate help to facilitate your needs. Our responsibility is to you, and you alone.

GP Appointments

We aim to offer you premium General Practice Services in an accessible, unhurried manner. At Duality, you can get quick & easy access to a range of appointment-times, meaning that no matter the issue, we can give appropriate consideration to your concerns.

Appointment Times:

Please give consideration to which appointment length you select & ensure enough time is set aside to properly address your health.

As a guide:

GP Appointment	
15 Minute	One clinical issue One or two trivial issues
30 Minute	One complex clinical issue 1 st Attendance of Mental Health Issue
45 Minute	Multiple clinical issues

A wide range of appointment times

Don't hurry. Dedicated time to meet your needs

Access:

We aim to provide routine GP appointments within 48 hours or at a time-frame that suits you.

How can you arrange your appointment?

- Telephone
 - Our network of clinics will pick up your call quickly
- Our Patient Portal
 - Book or rearrange your appointment online
 - View all our availability

Our Range of GP Services:

- Acute Illness & Chronic Disease
- Birth to Elderly Care
- Referrals & Prescriptions
- Medicals for Driving, Sport or Work
- Health Screening
- Womens' Health
 - HRT
 - Contraceptive Clinics
 - Coils & Implants
 - Smears
- Mens' Health
 - Health Concerns
 - Erectile Dysfunction
- Minor Surgery
 - Excisions
 - Biopsies
 - Cryosurgery
- Joint Injections
- Sexual Health Services

We have close relationships with Pharmacies, Private Consultants & Hospitals across Northern Ireland to facilitate timely prescribing, referrals and investigations for you.

Our General Practitioners & Clinicians are also supported by an in-house team providing services which complement your care & our decision-making all under one roof, including:

- Full pathology services
- Advanced Nurse Practitioners
- Ultrasound & Imaging Specialists
- Specialist Nurses
- Healthcare Assistants
- Audiologists & Ear-care Specialists



Urgent Care

Any time you have phoned your GP clinic asking for an appointment the same morning or afternoon; the occasion you phoned the Out-of-Hours Service for an appointment in the evening or on a weekend or bank-holiday: this is Urgent Care.

Do you think you need seen today?

Then you need an Urgent Care Appointment

Access:

We aim to provide **same day** Urgent Care appointments.

How can you arrange your appointment?

- Telephone
 - Our network of clinics will pick up your call quickly
- Our Patient Portal
 - Book or rearrange your appointment online
 - View all our availability
- **Walk-in & wait**
 - We provide a walk-in service for Urgent Care
 - As long as you don't mind waiting, you will be seen

Availability*:

Our Network provides Urgent Care access:

- Weekdays
 - 9am to 9am
- Weekends
 - 9am to 6pm

*Opening Hours will vary in New Locations

Members

Virtual Urgent Care cover will be in place across the Province for patients subscribed to one of our Membership Plans.

So no matter where you are, or your local circumstances, you are always covered.

Membership also entitles you to attend *any* of our clinics in the network.

Remember we **want** to see you, so if you are concerned - come and see us, it's why we are here.

Some Commonly Seen Issues:

- Unwell children (any cause)
- Breathing problems eg asthma, Copd, chest infection
- Palpitations or dizziness
- Rashes, skin infections or bites
- Diarrhoea, vomiting, abdominal pain
- Headaches, visual issues or neurological symptoms
- Urinary or kidney infections
- Sinus, throat, ear infections

This is not an exhaustive list, but some of the common issues we frequently see in Urgent Care. If you are unwell, we will try to help.

Warning:

We are not a replacement for Accident & Emergency.

If you have any of the following issues or feel you may need hospital treatment, you should attend your nearest A&E immediately or phone 999:

- **About to faint or are drowsy**
- **Chest pain or potential heart attack**
- **Very short of breath or difficulty walking or talking**
- **You have 'terrible' pain anywhere**
- **You feel like you may be having a stroke**



Virtual Services

For subscribers to each of our Silver, Gold, Platinum & Diamond Memberships, we have an ongoing clinical relationship with which we offer Virtual Appointments for Urgent Care, GP Appointments, follow-ups, discussion of results as well as chronic disease & medication reviews.

*E-Mails can take 48 hours to respond to.

**Instant messaging and emails should not be used for Urgent Medical advice. Any Urgent Medical issue or advice should be communicated face to face with a clinician by booking a face to face appointment, booking a Video or Telephone call, or my phoning and speaking to one of our staff.

Too busy to come to clinic?

Let the clinic come to you...

Duality Healthcare: our appointments default to traditional face to face care.

With Duality you don't have to rationalise *why* you want an appointment. Simply that you wish to have one.

Modern electronic methods of contact and consulting are available at *your* discretion for *your* convenience.

Video

Our clinical software & portal allow encrypted secure video consulting between our Duality Healthcare clinicians & our Members.

Available on selected services only.

Telephone

Our clinicians & staff are happy to phone your registered telephone number to communicate results & follow-up on enquiries.

Emails*/Instant Messaging**

Our network of clinics is fully IT integrated and ensures your electronic communications get to the right person at the right time getting you a timely response to your query.



Virtual Services are included in all our Membership Plans & not available to non-members

The Treatment Room

Our treatment room is where you attend for any investigation or work up.

Run by an experienced team of HCA's & nurses, our team can undertake investigative tasks for multiple reasons:

- You would like some tests done
- Our clinician wishes tests done
- Your NHS GP or consultant has requested tests

What kind of problem is appropriate?

Any occasion someone is unwell & you need guidance

Access:

Access to the treatment room can be arranged via the usual methods:

- Telephone
 - Our network of clinics will pick up your call quickly
- Our Patient Portal
 - Book or rearrange your appointment online
 - View all our availability

Availability:

Treatment room is open:

- Weekdays
 - 9am to 5pm

Blood & Allergy Panels:

A full list of patient bookable services are detailed later in this document.

We will undertake blood testing, ensure your sample is delivered to the lab & that results are issued to you when available.

What services can I book directly with the treatment room?

- Blood & Allergy Testing
- 24 Hour Blood Pressure
- 12-Lead ECG
- Ambulatory ECG, ECG in the pocket service
- Spirometry and FeNO asthma testing
- Blood Pressure, weight, height, BMI
- Urine or Pregnancy Testing

Members:

We would suggest utilising the expertise of our clinicians prior to arranging any test. Of course, should you do so, interpretation & clinical advice will be forthcoming with your results. This advice may be that you need to book an appointment, for issues requiring time & clinical consideration. These appointments will be commensurate with your Membership tariff.

Non-Members:

Should you book blood tests yourself, without the instruction of a clinician in Duality Healthcare we take no liability for any action/inaction on the results of these tests. It is your responsibility to arrange clinical follow-up with a GP to discuss the results. We are happy to provide this service.

In the same way, the payment you make for blood panels is made up of 2 components a: the appointment cost (nurses time) b: pathology charge (lab costs). At this stage you have not entered into any financial or legal agreement for medical interpretation.

If you wish to have clinical interpretation & action on your results, you must make an appointment with one of our GPs.



Chronic Illness

Just as in the NHS, we can diagnose and manage your long-term illness.

To begin with, all adult members are entitled to a **yearly** discounted & subsidised Health Wellness Assessment.

This periodic & routine MOT will ensure via bloods, urine testing, ECGs and physiological testing that we monitor your journey to health, whilst monitoring for the early signs of disease.

Chronic Disease is Important

We encourage 6-12 monthly review of your Health

So, we have 'picked-up' a chronic disease early or have taken over your care. What's the next step?

Our experienced General Practitioners will review your conditions, agree a plan of action & treatment with you & arrange periodic re-assessment of your progress.

Joined up care:

You will continue to have 6-12 monthly monitoring of your progress. You can even monitor your own results and progress on our Patient Portal. This is also a great source of further information & help.

As we have mentioned, you are our only concern. Your care will be tailored specifically to you, based on best practice but taking into consideration your needs, wants, beliefs & lifestyle.

Appointments & Investigations:

Our treatment room 'Nurses' can provide:

- Blood / urine testing
- ECGs
- 24 Hour Blood Pressures
- Ambulatory / In the pocket ECGs
- Physiological Testing
- Signposting & Health Promotion

GP 15 minute appointments should be sufficient for 1 chronic disease. For 2 or more, 30 minutes would be best. You should only need to see us 6-12 monthly if you are stable. You may need review more often if we are changing medications or trying to stabilise you. But we have options for follow-up:

GP Follow-Up:

We have a range of appointment times. You will only need 15 minutes for one chronic disease, but please book sufficient time for multiple chronic conditions - e.g. 30 minutes.

It is always preferable to have your bloods done at least a week before seeing the GP for your Chronic Disease Review.

When you are stable we may only need to review your condition once every 12 months, it may be sufficient to be reviewed by the nurse at the 6 months point. We will guide you.

On other occasions we will need to see you for GP review 6 monthly or more often if we are changing your treatment or monitoring you in case of deterioration. We will never see you more than is necessary to provide excellent care.

We may offer you the ability to undertake your follow-up by:

- Email
- Telephone
- Video Consult

It is your choice. Remember, we are more than happy to see you face to face. But we know you are busy.

Prescriptions:

Pharmacies do require payment for Private Prescriptions. This is normal for around 50% of patients in the ROI. Not all medications are expensive, particularly those that are now off patent and available in Generic form.

We are happy to issue prescriptions of up to 3 months at a time, if the clinician feels you are stable & it is safe to do so.

Medicals

Why wait weeks & months for a medical?

Have we a copy of your notes? Let's get going.

At Duality Healthcare our clinicians are used to conducting Medicals for:

- Professional Drivers
 - Taxi, HGV, Bus
- Sport Medicals
 - Boxing, MMA and others
- Adoption & Fostering
- Medicolegal
 - Accidents
 - Injury
 - Second Opinions
- Insurance Medicals
 - Health Insurance
 - Claims
 - Critical Illness / Life Cover

Having a medical should not mean taking time off work or interfering with your daily responsibilities. We will try to arrange your medical at a time that suits your weekly schedule & minimises any disruption or loss of income.

Forms:

DVA Lorry/Bus DLM1:

<https://www.nidirect.gov.uk/sites/default/files/2022-06/dva-dlm1-medical-form-a4-bus-lorry-2022.pdf>

How should I prepare?

If you a member, we should already have a copy of your NHS notes uploaded to your clinical record. It is easy to upload these from our Portal.

If you are not a member, you need to secure some documents from your GP surgery before attending:

- Driving / Sport
 - Get a patient summary
 - Also ask for any hospital letters or results for heart / diabetic / neurological problems
- All other medicals
 - Bring a full set of your NHS GP Notes

Please remember to bring all relevant forms to your appointment that require completion by our clinician.



Health Screening

Our range of memberships provide great options for discounted health screening.

If you are considering one of our Executive Medicals, you might consider our Diamond Memberships.

All our membership packages have a range of healthcare screenings built into each policy.

Follow-up

A 30 minute GP appointment follows your work-up to discuss all the results, any concerns you may have and an action list for the coming year.

Diamond Membership includes this detailed screening package every 12 months.

Have you heard of Diamond Membership?

Includes a yearly 'Executive' Medical for each adult

Executive Medical:

Our most complete Health Screening package.

A 30 minute appointment with one of our Treatment Room nurses includes:

- Body mapping & physiological testing
- 12-lead ECG cardiac screening
- Advanced blood screening package
- 150 individual data points

An appointment with our sonographer results in Consultant reports on the following areas:

- Ultrasound Package
 - Abdominal Organs, Blood Vessels
 - Herniae Checks
 - Kidney & bladder
- Prostate for men

Add a Duality Cardiac Assessment:

Our experienced team can add, at further cost, detailed cardiac screening with:

- Echocardiogram
- 24 Hour Blood Pressure
- Ambulatory ECGs

For complete reassurance.



Yearly Health Screening is incorporated into **each** of our Memberships' Benefits

Womens' Health

It can be difficult to address the issues with our body that change through the decades.

Hormonal variations throughout life, reproduction, periods, the menopause and increased osteoporosis risk are all issues particular to women.

These are deserving of dedicated time & attention.

A dedicated clinic from a dedicated team

We can address your concerns in a safe environment

Our womens' health clinics give you the time & space to address your concerns, no matter the stage of life you find yourself.

We are happy to provide expertise from menarche to the menopause to minimise the impact of hormonal change on your wellbeing & health:

- Period Problems
- Contraceptive Methods
 - Medication
 - Devices (Long-acting Reversible Contraception)
 - Coils & Implants
- Smears
- Continence Issues
- Sexual Health & Vaginal Discomfort
- HRT & the Menopause
- Osteoporosis
- Female Health Ultrasound
- Genetic Cancer Screening

Smears:

Smears have been a particular concern of women both in Northern and the Republic of Ireland in recent years.

There have been a number of well publicised system-errors, recalls & reviews of clinical care.

Should you have concern about any smear you have had done, we are happy to repeat the test at any stage in your recall cycle.

Private Healthcare means you can have a smear done whenever and as often as you wish.

All our smears are sent to The Doctors Laboratory, a Premium Private Pathology Service based in London.

TDL: <https://www.tdlpathology.com/about-us/quality-assurance/quality-accreditation/>

Lab Processing Fee:

Smear Histology - PAPT & HPV

£75

For complete reassurance.



3 -Yearly Cervical Screening is incorporated into each of our Memberships' Benefits



Mens' Health

Confidential & non-judgemental

Don't let yourself be another statistic

The main health differences for men (compared to women):

- Shorter life expectancy
- Increased morbidity & mortality
- Increased heart, stroke & diabetic disease
- Increased incidence of cancer

Specific health issues men suffer from:

- Unrecognised / treated psychological issues
- Prostate Cancer
- 'Male Menopause'
- Erectile Dysfunction

We provide a safe & confidential environment to talk through your concerns.

There is no need to neglect or be embarrassed about your health concerns, your symptoms or having issues with anxiety, stress or depression. These issues are common to all men.

What are the biggest threats to men's health?

Preventable issues like heart disease and cancer are at the top of the list but followed by injury, lung disease, stroke and diabetes.

Many of these issues can be prevented by healthier living e.g. Diet, exercise, moderation of alcohol consumption and avoidance of smoking and other nicotine substances.

Your health also changes with age. Just as womens' health does.

Men tend to gain weight and find it harder to maintain muscle mass as they age. Testosterone levels start to commonly drop after the age of 40.

How can we live a longer and healthier life?

Protect your health....and make a trip to the doctor part of your regular routine.

You would service your car. It's time to MOT yourself.

For complete reassurance.



Sexual Health

We offer a wide range of Sexual Health testing & services.

From laboratory panels to instant 'results while you wait' our sexual health testing is not only reliable but offers significant savings on other private sector providers.

We provide all our services from a generic Private GP Clinic with no 'Sexual Health' association - i.e. you could be attending the clinic for *any* reason.

Don't neglect your Sexual Health

Make routine checks part of your health planning

Discretion is guaranteed.

We provide the following services:

If you have symptoms:

- Laboratory testing & a range of panels
- Treatment of genital warts (cryotherapy)
- Prescriptions/treatment/referral for any diagnosis
- Contraceptive advice

If you have no symptoms:

- Rapid 'while you wait' testing
- 20 minutes from testing to results
- As accurate as laboratory testing
- Prescriptions/treatment/referral for any diagnosis

Suitable if:

- You like to get a 6 to 12 monthly MOT
- You are between partners
- You're not sure if you've been exposed to an STD

Laboratory Panels - TDL

STD1 MY STD QUAD (Private and Services) Serology HIV 1&2/24 Ag Sypilis IgG/IgM Urine Chlamydia Gonorrhoea 100% 2 DAYS £155 STD1	STD3 FEMALE STD QUAD (PCR Swab and Serology) Serology HIV 1&2/24 Ag Sypilis IgG/IgM Vaginal PCR Swab Chlamydia Gonorrhoea 100% 2 DAYS £172 STD3	STD4 FEMALE STI PROFILE PLUS (PCR Swab and Serology) Serology HIV 1&2/24 Ag Sypilis IgG/IgM Vaginal PCR Swab Chlamydia/Gonorrhoea Mycoplasma genitalium Ureaplasma Trichomonas vaginalis Gardnerella vaginalis Herpes Simplex (H) 100% 4 DAYS £377 STD4
STD5 SEROLOGY ONLY HIV 1&2/24 Ag Hepatitis B Surface Antigen Hep C Ab Sypilis IgG/IgM 100% 4 WEEKS £165 STD5	STD6 SEROLOGY ONLY WITHOUT HIV Hepatitis B Surface Antigen Hep C Ab Sypilis IgG/IgM 100% 4 WEEKS £165 STD6	STD9 SYMPTOMATIC LESION SAMPLE USING PCR SWAB FROM LESION Sypilis by PCR Herpes Simplex 1/1 by PCR (from single swab) 100% 7 DAYS £161 STD9
STI Profile: MSM1 HIV 1&2/24 Ag Sypilis IgG/IgM Urine for CT/NG Thermal Swab CT/NG Rectal Swab CT/NG 100% 2 DAYS £235 MSM1	STI Profile: MSM2 HIV 1&2/24 Ag Sypilis IgG/IgM 7 STI by PCR Screen Thermal Swab CT/NG Rectal Swab CT/NG Hep B sAg Hep C Ab 100% 3 DAYS £430 MSM2	

Rapid Tests

Rapid 2	£150	Chlamydia Gonorrhoea	
Rapid 3	£180	Chlamydia Gonorrhoea	HIV 1 & 2
Rapid 4	£200	Chlamydia Gonorrhoea	HIV 1 & 2 Syphilis
Rapid Woman	£220	Chlamydia Gonorrhoea Trichomonas	
Rapid Bloods	£200		HIV 1 & 2 Syphilis Hepatitis B & C
Rapid 6	£300	Chlamydia Gonorrhoea	HIV 1 & 2 Syphilis Hepatitis B & C
Rapid Complete	£400	Chlamydia Gonorrhoea Trichomonas Lesion Swab for Herpes (if present)	HIV 1 & 2 Syphilis Hepatitis B & C



Vaccines

At Duality Healthcare we can provide advice & vaccines at all stages of life, for occupational health reasons and to plan for your safe travel abroad.

A consultation with one of our clinicians will focus upon your needs before a schedule of immunisation is agreed.

We source our information from NHS and other reputable resources based on current UK and international guidelines to ensure that you & your family are as safe as you can be.

Note: It is not clear if and when Private Providers will have access to Covid-19 Vaccination due to Government procurement.

Current Vaccine Prices

Vaccine	Price
Hepatitis B Child (ENGRIX B)	£28
Hepatitis B Adult (ENGRIX B)	£33
Japanese Encephalitis (Ixiaro)	£145
Meningitis ACWY	£75
Meningococcal Group B (BEXSERO)	£150
Measles Mumps Rubella MMR (Priorix)	£26
Pneumococcal (adult) (Pneumovax 23)	£40.30
Pneumococcal (child) (Prevenar 13)	£105
Shingles (ZOSTAVAX)	£195
Typhoid (TYPHIM)	£23

Don't get caught out by preventable illness

Lots of serious childhood illness are increasing due to lack of vaccine uptake

What we can provide:

- Childhood Immunisations & Catch-up
- Vaccinations for your occupation
- Vaccinations for employers
- Vaccinations for the elderly
- Vaccinations for travel

Vaccine	Price
Chickenpox (Varivax)	£80
Diphtheria Tetanus Polio (Revaxis)	£15
Diphtheria Tetanus Polio Pertussis (Repevax/ BOOSTRIX)	£35
Flu	£16.99
Hepatitis AAdult (Avaxim)	£38
Hepatitis A Child (Avaxim Junior)	£28

Discounted family vaccination appointments are incorporated into **each** of our Memberships' Benefits to reduce your holiday costs

Minor Surgery / Procedures

Surgery

Our GPs with surgical interest have decades of experience in providing Minor Surgical Procedures in Primary & Secondary Care.

We can assess your concerning lump, bump or cyst, arrange its removal & its pathological assessment at a trusted laboratory partner for definitive diagnosis.

GP Minor Surgery Procedures have excellent outcomes

Cost Savings compared to hospital & rapid access

In each of our locations, we have GPs who specialise in the removal of non-cancerous lesions.

We can:

- Biopsy & laboratory analyse lesions for a diagnosis
- Remove lesions through traditional surgical techniques
- Use cryosurgery to remove skin tags etc

Specific Surgical Techniques

Vasectomy

If you would like a definitive contraceptive solution as a man, consider minimally invasive Vasectomy.

Highly successful, with minimal impact on your working week, this form of vasectomy has been used world-wide for many years with excellent & effective outcomes.

The procedure is safe, can be conducted under a small injection of local anaesthetic to the area, & allows you to get back to work & exercise quickly.

Make an appointment with one of our Specialist GPs to discuss your family planning options.

Dermatology

As well as Surgical Skin procedures many of our GPs have a special interest in dermatology - skin conditions & diagnoses and have consolidated this knowledge with post-graduate qualifications.

Should histological testing of your skin lesion be requiring discuss the need for this and associated price with your surgeon.

All our samples are sent to The Doctors Laboratory, a Premium Private Pathology Service based in London.

TDL:

<https://www.tdlpathology.com/about-us/quality-assurance/quality-accreditation/>

For complete reassurance.

. Indicative costs of laboratory processing if needed

Histology Alopecia Biopsy	£340
Histology Cyst Excision	£190
Histology Granuloma	£190
Histology Lipoma	£320
Histology Skin Biopsy - 1 Specimen	£150
Histology Skin Biopsy - 2 Specimen	£240
Histology Skin Biopsy - 3 Specimen	£300
Histology Skin Excision - ?Basal Cell Carcinoma/Squamous Cell Carcinoma	£280
Fluid for crystals & culture (Joint fluid)	£88



Ultrasound

With our Ultrasound Service we make diagnostic scanning accessible.

With a wide range scans & ultrasound guided procedures, we can minimise the time to definitive diagnosis.

We also offer a range of advanced scanning options, not available in the Private Sector in Northern Ireland, outside major hospitals.

All of our Ultrasound reports are by a Consultant Radiologist

Further reassurance for you & your clinician

We ensure we use the most cutting edge technology, to give you & our team clarity to make the most detailed assessments possible.

Our reporting software and Consultant Team ensure that you receive your report within 24 hours of appointment. We can also provide images should your clinician/consultant require them.

Scans Available:

Fibroscan testing:

A non-invasive diagnostic method of measuring liver health, focusing on issues like scarring and fibrosis which can be caused by a number of liver health concerns. Similar to undergoing a liver ultrasound scan, this is a quick painless, easy assessment & non-surgical alternative to the traditional liver biopsy. Whether you've been diagnosed with a liver condition, has a history of excessive alcohol use, are overweight or simply interested in maintaining good liver health - a Fibroscan is the Gold Standard imaging method.

General Ultrasound Scans:

We provide the full range of scans available on ultrasound: from thyroid assessments; lumps bumps & herniae; assessment of body organs and blood vessels.

Musculoskeletal Scans & Ultrasound Guided Steroid injections:

We provide a whole range of MSK scans & once a diagnosis has been made our imaging staff can undertake, if appropriate, steroid injection of the problem if this is an effective treatment modality for the diagnosed problem. Injections of large & small joints, tendons & tendon sheaths become much more accurate with ultrasound-guided techniques.

Echocardiograms:

We are pleased to be able to offer heart scans on a weekly basis.

An echo test is used to detect changes, deterioration or structural abnormalities of the heart, preferably early before you begin to notice symptoms or miss the ideal window to begin treatment.

Periodic Echocardiograms also allow your Doctors to monitor changes/progress of your heart condition, be it positive or negative.

If you have symptoms of breathlessness, dizziness, chest pain, palpitations, problems with their breathing at night or fluid retention; clinical diagnoses such as Atrial Fibrillation, High Blood Pressure, previous Heart Attacks & Heart failure all benefit from heart monitoring in this way. If you value your health & feel like taking stock, an Echo can be a very useful investigation.





Earcare

No matter the problem with your ears & hearing, we can help.

From hearing tests, to examination & diagnosis of problems/ diseases of the ear, removal of wax or the provision & repair of hearing aids - we are here to assist you.

You know that you can trial a pair of hearing aids?

Have a chat with our in-house team to see what we can offer

Ear Wax Removal

Traditionally, ear wax removal was undertaken in NHS General Practice and was undertaken via the water method - ear syringing. This had a high incidence of complications & once Covid appeared most clinics stopped providing this service for free.

The 'Gold Standard' of ear wax removal is via direct visualisation & ear micro suction. Ear micro suction is a comfortable method of wax removal, allowing the clinician to see exactly what they are doing whilst removing the wax. It minimises trauma, infection & complications. Manual removal of wax or ear irrigation can be added as an adjunct for particularly persistent wax.

What's great, unlike other providers who offer someone who is only qualified to remove ear wax with no further qualifications, we have in-house GPs & ANPs who can diagnose disease, treat infections & refer for consultant opinions.

Hearing Tests

We can undertake hearing tests & diagnose your hearing disorder. This is available to individuals & businesses who may need to monitor their staff's hearing.

Our experienced staff will then recommend whether you need referral or if hearing devices would assist with improving upon your current level of hearing.

Hearing Aids

Our team can offer hearing aids from many providers at low, medium & high price-points. Not only can we fit your hearing aids, but undertake set-up for optimum use, repair & service your aids at any point.

We stock hearing aids from all manufacturers to provide the very best solution for each individual patient based on your needs and the nuances of each device. Our suppliers include:

PHONAK
life is on



WIDEX
high definition hearing



oticon

Starkey
Hearing Technologies

For complete reassurance.

Ear-Care discounts are
incorporated into **each** of our
Memberships' Benefits



Prescriptions & Referrals

Prescriptions:

We can undertake prescribing for your acute & repeat prescription needs.

Any prescription generated as part of a consultation (within) has no additional costs for the issuing of this document.

Any prescriptions ordered out-with clinical consultations will have an administrative cost attached.

Members do not pay for acute or repeat prescription generation.

Payment for Medication:

Many patients come from the Republic of Ireland to get their Private Prescriptions in Northern Ireland. Prices here for Private Prescriptions are very reasonable. Some pharmacies will give better deals & rates than others. Shop around.

Members:

We have a repeat prescription solution for members who will require routine 3 monthly prescriptions.

Our pharmacy supplier will deliver repeat medication to your door within 24-48 hours of the order.

Referrals:

As a Private Clinic we know the workings of both the NHS & Private Sectors, both in their waiting times & in terms of how to get the best service for the best price.

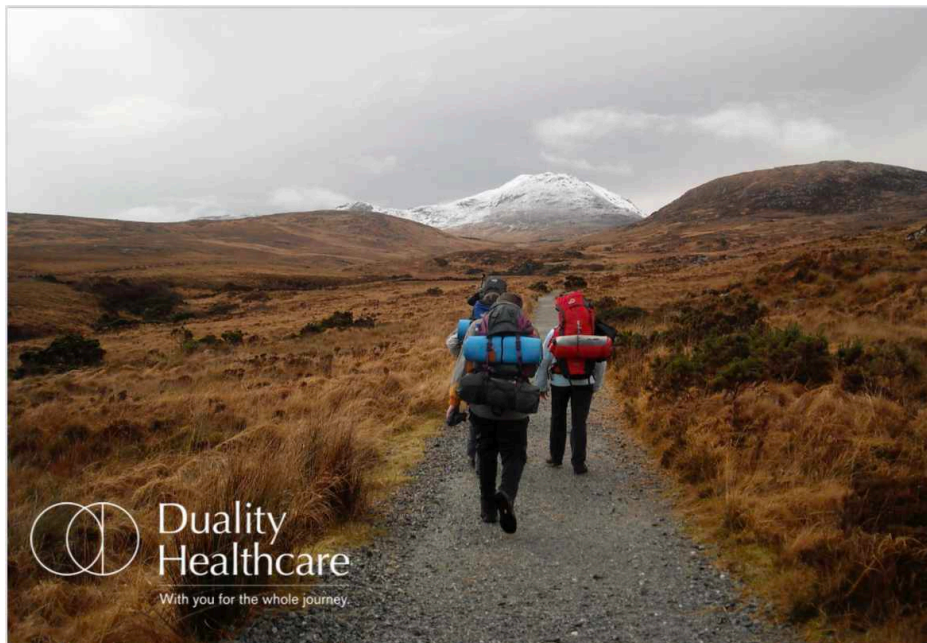
Our clinicians will guide you appropriately.

We have relationships with the biggest Private Hospitals in Ireland & have access to the full range of radiology investigations that the Private Sector has to offer.

Can you refer to the NHS?

Yes we can.





Duality
Healthcare

With you for the whole journey.

Limited Registrations Available for Exceptional Care!

To maintain our high-quality service, registrations are limited.
Secure your spot today for premium healthcare.

How to Contact Us as a Member

A. Phone the clinic and ask to speak to someone about

- Memberships
- Appointments
- Cancellations
- Advice

B. E-mail us at:

Memberships: memberships@dualityhealthcare.com

Advice: advice@dualityhealthcare.com

Appointments: appointments@dualityhealthcare.com

Cancellations: cancellations@dualityhealthcare.com

Complaints: complaints@dualityhealthcare.com

C. Pop in and have a chat at any of our clinics

D. Use the PatientPortal Messenger

Note: We do not use Social Media to respond to queries

DualityHealthcare.com

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